



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 2007			Happy Valentines Day!	<u>1</u> 10:00 Anglican Church (chapel) 2:00 Bingo (basement)	<u>2</u> 10:15 Fitness (lounge) 2:00 Hymn Sing (chapel)	2:00 Hymn Singers(lounge)
<u>4</u> 2:00 Music w/ George(lounge)	<u>5</u> 10:15 Colourful Movements(lounge) 2:00 Music with Mickey(all floors) 3:30 Visits	<u>6</u> 10:15 Crochet Class(basement) 10:15 Music Appreciation(lounge) 3:15 Short Stories(lounge)	<u>7</u> 10:00 Pet Visits(lounge) 10:15 Bowling (basement) 12:00 Dim Sum Lunch (craft room) 2:00 Mah jong(lounge) 2:15 Pokeno(craft room)	<u>8</u> 10:30 Children Visits (basement) 2:00 Bingo (basement) 3:30 Chopstick Games(Lounge)	<u>9</u> 10:15 Kick Ball(basement) 2:00 Music w/George(lounge) 2:00 Hymn Sing (chapel)	2:00 Hymn Singers(lounge)
<u>11</u>	<u>12</u> 10:15 Resident Council (craft room) 2:00 Yoga for Seniors (Basement) 3:30 Visits	<u>13</u> 10:00 Tai Chi (basement) 2:00 Hungarian Gospel(chapel) 3:00 Choir (chapel)	<u>14</u> 10:15 Bowling (basement) 2:00 Valentines Tea Social (basement)	<u>15</u> 10:15 Crochet Class (basement) 2:00 Bingo (basement) 3:30 Trivia(lounge)	<u>16</u> 10:00 Chinese New Year's Celebration!(Basement) 2:00 Drums Circle w/ Dale (basement)	<u>17</u> 2:00 Hymn Singers(lounge) Colourful Movements All Floors starting at 10:15 am (2 nd 3 rd 4 th floor Lounges)
<u>18</u>	<u>19</u> 10:15 Fitness Club(lounge) 2:00 Music with Mickey (lounge) 3:00 Visits	<u>20</u> 10:15 Crochet Class (basement) 10:15 Fun & Fitness(lounge) 2:15 Chinese Painting(Basement)	<u>21</u> 10:00 Pet Visits(lounge) 10:15 Bowling(basement) 2:00 Birthday Party!(basement)	<u>22</u> 10:30 Children Visits (basement) 2:00 Bingo(basement) 3:30 Sensory Stimulation(lounge)	<u>23</u> 10:15 Karaoke! (Basement) 2:00 Music w/ George(lounge) 2:00 Hymn Sing (Chapel)	<u>24</u> 2:00 Hymn Singers(lounge) Colourful Movements All Floors starting at 10:15 am (2 nd 3 rd 4 th Floor Lounges)
<u>25</u>	<u>26</u> 10:00 Fitness Class(lounge) 12:00 Lunch" Oriental Food" (craft room) 2:00 Hungarian Gospel (Chapel)	<u>27</u> 10:00 Tai Chi(basement) 10:15 Crochet Class(lounge) 3:00 Choir(Chapel)	<u>28</u> 10:00 Pet Visit(lounge) 10:00 Catholic Mass(Chapel) 2:00 United Church(Chapel)		Sundowning Program is running every evening from 2p.m. to 10p.m.	