

## QUESTIONS AND ANSWERS

### Can we bring in furniture?

**Yes** – we strongly urge you to bring in items such as pictures, bedding, lamps, TV etc- any furniture that will fit safely in your room.

### Are pets allowed to visit?

You may bring a pet in for a visit provided the animal is healthy and receives regular immunization.

### What type of clothing should we bring?

Clothing that is comfortable and machine washable only e.g. track suits, easy-access dresses and shirts, pajamas which can be easily removed/changed.

### Are special diets available?

**Yes** – Resident diets will be assessed on admission. Food intake is monitored daily and if modifications are required the doctor will order the change.

### Does the menu offer choice?

**Yes** – for each meal there will be a main entrée and an alternate choice available. Menus will be on display in the dining room and special consideration will be given to cultural dietary needs.

### Are meals cooked in the home?

**Yes** – all meals are home-cooked.

### Can family bring in gifts of food?

**Yes** – however, you must ensure that foods brought in do not interfere with the prescribed diets for residents. Perishable

food gifts are discouraged unless they are to be consumed right away.

### Can families/guests have meals with residents?

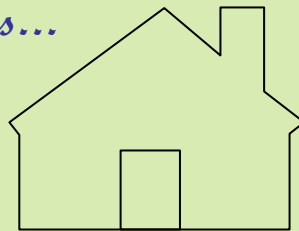
**Yes** – we have a “share-a-meal” program for lunch and dinner. Two hours advance notice is appreciated so that we can prepare for guests. There is a nominal fee for this service and meal tickets can be purchased at reception which must be taken to the dining room

**Note:** for larger resident parties/ gatherings 7 working days notice is required.

### Does the home provide physical aides such as walkers, wheelchairs etc?

Rekai Centre will supply physical aids on admission if necessary, on a temporary basis only. The resident/substitute decision maker is responsible for purchasing any ambulatory aids required. We will make arrangements for suppliers to visit the home for your convenience.

*Notes...*



## The Rekai Centre



345 Sherbourne Street  
Toronto  
Ontario M5A 2S3

Visit [www.rekaicentre.com](http://www.rekaicentre.com)

Charitable # 888813474 RR0001

Would you like to take a tour of our home?  
To arrange ☎ 416 964 1599

## The Reikai Centre

A relatively small (122 bed) and intimate Nursing Home located in the heart of downtown Toronto.

The home overlooks historic Allan Gardens and its magnificent greenhouses.

As you walk through the front door of The Reikai Centre you will sense the difference.

From the moment you arrive we will do our best to make you feel right at home.

We know that it takes time to adjust to 'moving in' to a new home and we want you to feel comfortable as soon as possible.

Our home exudes warmth, staff appear unrushed and everyone knows one another.

Wouldn't this be a great place to live if your family worked downtown? They could drop in for a visit on the way home from work or perhaps join you for lunch.

If you have always lived downtown you may just want to stay in your old neighborhood and make this your new home.

We can accommodate 123 permanent residents and we also have space for three people who only need to stay with us for a short period of time.

**Note:** *Our Nursing Home is fully accredited with The Canadian Council Health Services Accreditation.*

- There is Pastoral Care with A multi-faith place of worship located on the main floor.

**Resident Home Units are located upstairs.**

Each Home Unit accommodates 42 residents and has its own living room.

## Resident Accommodation

### Rooms

- 6 Private (1 infirmary bed)
- 24 Semi Private (2 bed Units)
- 18 Ward (4 bed units)

## Included in cost

- 24 hour Registered Nurse and Personal Support Worker access
- Dedicated Physician on call 24/7 with regular weekly in-home visits
- administration of medication and assistance with activities of daily living along with more specialist care services e.g. Peritoneal Dialysis
- medical supplies and nursing equipment necessary for care e.g. pressure relieving equipment, continence products, infection control and sterile procedures
- Bedding and linens
- Bedroom furnishings such as beds with adjustable head and foot., mattresses, adjustable side rails, bedside tables, easy chairs, and clothes closet
- laundry services including labeling and machine washing/drying of personal clothing
- 3 assisted and supervised meals (including therapeutic diets), snacks and dietary supplements
- room cleaning and upkeep
- supplies and equipment for personal hygiene and grooming

- social, recreational and physical activities
- In-House Physiotherapy services for mobility/function maintenance and improvement
- End of life care
- Services Allied to Medicine e.g. Dentistry, Speech and Language Therapy and at extra cost Podiatry and Optometry services, etc..

## HOW TO APPLY

All applications for accommodations must be processed through your local Community Care Access Centre (CCAC).

A visiting CCAC worker will visit you at home or in hospital and assist you to complete the application.

You will be asked to make choices about which facility you prefer, then the application will be forwarded to that home and your name will be placed on their waiting list.

When a bed becomes available, applicants are notified by the CCAC in order of the date of application and you will have 24 hours to respond.

The **CCAC** establishes and maintains each Long-Term Care facility's wait list.

We encourage you to contact CCAC at 416-217-3820 if you have any questions or concerns.

### Accommodation Fees:

Accommodation fees are set yearly by the Ministry of Health and Long-term Care. For up to-date fees please go to the website [www.health.gov.on.ca](http://www.health.gov.on.ca) or contact their information line: ☎ 1-866-532-3161

### Resident and Family Counsel

Both Resident and Family Counsel are well established working closely with management and staff to ensure residents receive the best care and service possible.

## Public Transportation

**Via the Yonge subway line:** get off at the College Station. Take a College streetcar east to Sherbourne. Walk south on Sherbourne to 345. We are located on the eastside of the street directly across from Allan Gardens.

The Rekaï Centre

345 Sherbourne Street

Toronto Ontario M5A 2S3

Phone: 416 964 1599

Fax: 416 964 3907



Visit our website [www.rekaicentre.com](http://www.rekaicentre.com)